

Fort Detrick Dining Facility Weekly Menus For The Week Of 3/05/06 to 3/11/06

| | Lunch | Dinner |
|--------------------------|------------------|----------------------|
| Sunday 05 Mar | Tacos | Baked Fish |
| | Chicken Parmesan | Italian Sausages |
| | Mexican Rice | Steamed Rice |
| | O'Brien Potatoes | Oven Brownd Potatoes |
| | Fried Cabbage | Carrots |
| | Green Beans | Spinach |

| | Lunch | Dinner |
|--------------------------|------------------|-------------------|
| Monday 06 Mar | Pepper Steak | Swedish Meatballs |
| | Roast Turkey | Sweet & Sour Pork |
| | Steamed Rice | Steamed Rice |
| | Mashed Potatoes | Egg Noodles |
| | Broccoli | Green Beans |
| | Mixed Vegetables | Corn |

| | Lunch | Dinner |
|---------------------------|---------------------------|-----------------|
| Tuesday 07 Mar | Ginger Pot Roast | Chili Macaroni |
| | Cheese Manicotti | BBQ Chicken |
| | Steamed Rice | Rice Pilaf |
| | Parsley Buttered Potatoes | Mashed Potatoes |
| | Cabbage | Broccoli |
| | Peas | Cauliflower |

| | Lunch | Dinner |
|-----------------------------|--------------------|--------------------|
| Wednesday 08 Mar | BBQ Beef Cubes | Hamburger Parmesan |
| | Baked Fish | Turkey Nuggets |
| | Franconia Potatoes | Steamed Rice |
| | Steamed Rice | Mashed Potatoes |
| | Spinach | Green Beans |
| | Cauliflower | Corn |

| | Lunch | Dinner |
|----------------------------|--------------------|------------------|
| Thursday 09 Mar | Yankee Pot Roast | Yakisoba |
| | Roast Turkey | Baked Ham |
| | Steamed Rice | Mashed Potatoes |
| | Au Gratin Potatoes | |
| | Broccoli | Sauerkraut |
| | Peas | Mixed Vegetables |

| | Lunch | Dinner |
|--------------------------|------------------|----------------------|
| Friday 10 Mar | Beef Stew | Italian Sausage |
| | Teriyaki Chicken | Baked Fish |
| | Rice Pilaf | Lyonnaise Rice |
| | Parsley Potatoes | Oven Brownd Potatoes |
| | Spinach | Broccoli |
| | Carrots | Vegetable Stir Fry |

| | Lunch | Dinner |
|----------------------------|--------------------|-------------------|
| Saturday 11 Mar | Chili Con Carne | Pepper Steak |
| | Baked Chicken | BBQ Pork Sandwich |
| | Steamed Rice | Steamed Rice |
| | Mashed Potatoes | Mashed Potatoes |
| | Corn | Mixed Vegetables |
| | Vegetable Stir Fry | Spinach |

Hours of Operation

Weekdays:

0630 – 0800 Breakfast

1130 – 1300 Lunch

1630 – 1830 Dinner

Weekend & Holiday

0800 – 1000 Breakfast

1200 - 1300 Lunch

1600 – 1700 Dinner

Breakfast: Omelets, Eggs to order
(no over easy, poached, soft
scramble)

French Toast, Pancakes, Bacon,
Sausage

Home Fries, Fresh Fruit, Cereal,
Grits, Oatmeal, Assorted Toast,
Bagels,

Civilian And Contractor Personnel
Are Welcome To Eat At The Dining
Facility

Salad Bar: Open from 1130 thru
1830

To Go only 1300 – 1630

\$.15 per ounce

Short Order: Includes Hamburgers,
Cheeseburgers, Grilled Cheese,
Grilled Ham & Cheese, ¼ lb Hot
Dog, Steak Subs, Cold Cut Hoagies
& Sandwiches, Tuna Melts, Tuna
Sandwiches, Tuna Subs, Cold Cut
Sandwiches

Starches: \$.55

Vegetables: \$.55

Drinks: \$.65

Coffee: \$.50

Menu subject to change without
notice!